

## Espada Fencing Club

### WELCOME TO ESPADA FENCING CLUB

The club encourages members to enjoy fencing as a hobby, to keep fit and to participate in competition at all levels. We have qualified coaches in all three weapons of foil, sabre and epee. If you are a beginner, the hire of equipment and coaching is included in your nightly fee.

Adults- members £5.50, non-members £6.50 per night (£7.50 for course)

Under 18- members £4.50, non-members £5.50 per night (£5.50 for course)

Membership of club- Adults £26 per year, Under 18 £12 per year.

Following are some guidelines for you to consider:

- For your safety, you must obey instructions given by the coaches (or other committee members).
- You must wear the correct clothing and equipment. (long trousers such as track suit bottoms (no jeans), tee-shirt and trainers - no black soles for beginners; full jacket, breeches, mask etc for experienced fencers including a 850N plastron for electric fencing.)
- You must attend a course if you are a beginner.
- You are encouraged to attend a course if you are not up to grade 3 standard.
- You must be a member of the British Fencing Association (Beginners can attend an initial grade 1 course but must join after this).
- We are members of a friendly all encompassing club and do not tolerate prejudice or discrimination of any sort. Bad behaviour is not acceptable.
- You must provide a contact number of a parent or relation for health and safety reasons. (This also applies to visitors.)

Tuesdays at Poole North Scout Hall, Canford Heath, Poole at 7:30pm

Fridays at Littledown Sports Centre, Bournemouth at 7:45pm

It is important that we have contact details, especially for health and safety reasons. Please can you fill in the attached sheet and return it today or at the latest the next time you come.

Thank you, Marilyn Wheelband (Chairman).

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Espada Fencing Club

**Espada Fencing Club Membership Details**

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

\_\_\_\_\_ (include postcode)

Tel. no.: \_\_\_\_\_ (home) \_\_\_\_\_ (mobile)

E-mail address: \_\_\_\_\_

BFA no. \_\_\_\_\_ Renewal Date: \_\_\_\_\_

Any medical conditions(eg.asthma): \_\_\_\_\_

Please give further details on the back of the page.

Emergency contact tel.no.: \_\_\_\_\_

I am happy/ not happy for my photograph/ my child's photograph to be taken.

I am happy/not happy for my photograph/ my child's photograph to be used in articles or on the web-site.

Please sign \_\_\_\_\_

I agree to abide by the rules of the club and the BFA.

Signed: \_\_\_\_\_ -By member

Signed: \_\_\_\_\_ -By parent as well if under 18